

**Drug Delivery**



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## **Fixation alters the physical properties of tumor tissue that regulate nanomedicine transport**

**John D. Martin, Fotios Mpekris, Vikash P. Chauhan, Margaret R. Martin, Megan E. Walsh, Matthew D. Stuber, Donald M. McDonald, Fan Yuan, Triantafyllos Stylianopoulos & Rakesh K. Jain**

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6

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#### Brief Report

<span id="page-1-17"></span><span id="page-1-12"></span>Check for updates **a** OPEN ACCESS

<span id="page-1-18"></span><span id="page-1-14"></span><span id="page-1-13"></span>Tavlor & Francis Taylor & Francis Group

### **Fixation alters the physical properties of tumor tissue that regulate nanomedicine transport**

<span id="page-1-19"></span><span id="page-1-16"></span><span id="page-1-15"></span><span id="page-1-11"></span><span id="page-1-10"></span>John D. Martin<sup>a[#](#page-1-1)</sup>, Fotios Mpekris<sup>b#</sup>, Vikash P. Chauhan<sup>[c](#page-1-3)</sup>, Margaret R. Martin<sup>d</sup>, Megan E. Walsh<sup>e</sup>, Matthew D. Stuber<sup>[f](#page-1-6)</sup>, Donald M. McDonald<sup>g</sup>, Fan Yuan<sup>h</sup>, Tr[i](#page-1-9)antafyllos Stylianopoulos<sup>b</sup> and Rakesh K. Jain<sup>i</sup>

<span id="page-1-7"></span><span id="page-1-6"></span><span id="page-1-5"></span><span id="page-1-4"></span><span id="page-1-3"></span><span id="page-1-2"></span><span id="page-1-0"></span><sup>[a](#page-1-10)</sup>Materia Therapeutics, Las Vegas, NV, USA; <sup>[b](#page-1-11)</sup>Cancer Biophysics Laboratory, Department of Mechanical and Manufacturing Engineering, University of Cyprus, Ni[c](#page-1-12)osia, Cyprus; 'Koch Institute for Integrative Cancer Research, Massachusetts Institute of Technology, Cambridge, MA, USA; <sup>[d](#page-1-13)</sup>D[e](#page-1-14)partment of Computer Science, Tufts University, Medford, MA, USA; <sup>e</sup>Department of Chemical Engineering, Carnegie Mellon University, Pittsburgh, PA, USA; <sup>[f](#page-1-15)</sup>Process Systems and Operations Research Laboratory, Department of Chemical and Biomolecular Engineering, University of Connecticut, Storrs, CT, USA; <sup>9</sup>Helen Diller Family Comprehensive Cancer Center, Department of Anatomy, University of California, San Franc[i](#page-1-18)sco, CA, USA; <sup>h</sup>Department of Biomedical Engineering, Duke University, Durham, NC, USA; <sup>i</sup>Edwin L. Steele Laboratories, Department of Radiation Oncology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

#### <span id="page-1-9"></span><span id="page-1-8"></span>ABSTRACT

To have the desired therapeutic effect, nanomedicines and macromolecular medications must move from the site of injection to the site of action, without having adverse effects. Transvascular transport is a critical step of this navigation, as exemplified by the Enhanced Permeability and Retention (EPR) effect in solid tumors, not found in normal organs. Numerous studies have concluded that passive, diffusionand convection-based transport predominates over active, cellular mechanisms in this effect. However, recent work using a new approach reevaluated this principle by comparing tumors with or without fixation and concluded the opposite. Here, we address the controversy generated by this new approach by reporting evidence from experimental investigations and computer simulations that separate the contributions of active and passive transport. Our findings indicate that tissue fixation reduces passive transport as well as active transport, indicating the need for new methods to distinguish the relative contributions of passive and active transport.

#### ARTICLE HISTORY

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#### **KEYWORDS**

cancer nanomedicine; drug delivery; hydraulic conductivity; mouse model; computational model

#### GRAPHICAL ABSTRACT



#### **Introduction**

<span id="page-1-25"></span>Transvascular transport, the movement of molecules and particles from blood vessels into tissues, is a critical step regulating the efficacy of cancer nanomedicines and macromolecular therapies (Jain & Stylianopoulos, [2010](#page-7-0)). The biodistribution and intratumor delivery of drugs are thought to strongly influence antitumor effects. Furthermore, understanding the kinetics and mechanism of transport can guide the design of <span id="page-1-29"></span><span id="page-1-28"></span><span id="page-1-27"></span><span id="page-1-26"></span><span id="page-1-24"></span><span id="page-1-23"></span><span id="page-1-22"></span><span id="page-1-21"></span><span id="page-1-20"></span>nanoparticles' physicochemical properties and controlled release. Transvascular transport has been studied in many contexts, with early studies providing evidence that transvascular transport of molecules and nanoparticles in tumors occurs primarily by passive transport involving diffusion and/ or convection (Gerlowski & Jain, [1986;](#page-7-1) Matsumura & Maeda, [1986](#page-7-2); Yuan et al., [1993](#page-8-0), [1995,](#page-8-1) [1996;](#page-8-2) Fukumura et al., [1997;](#page-7-3) Hobbs et al., [1998;](#page-7-4) Cabral et al., [2011;](#page-7-5) Chauhan et al., [2012;](#page-7-6)

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<span id="page-2-16"></span><span id="page-2-11"></span><span id="page-2-10"></span><span id="page-2-8"></span>Lu et al., [2020](#page-7-7)). Active transport occurs in neuropilin-1/iRGD peptide regulated transport (Liu et al., [2017\)](#page-7-8), albumin transport by the endothelial gp60 receptor (Desai et al., [2006](#page-7-9)), and multiple other contexts. Recent studies have sought to reevaluate the extent to which active transport processes, as in trafficking through living cells, contribute to the transport of nanoscale species such as nanoparticles. The Zombie model was developed to quantify the contribution of active transport (Sindhwani et al., [2020\)](#page-7-10). This model involves fixation of entire mice by cross-linking fixatives, with the aim of stopping cellular activity and thereby eliminating active transport. Transvascular transport is then compared in live and Zombie model mice. Transport in living mice is the sum of active and passive processes, whereas transport in the Zombie model is posited to represent only passive transport. The model has since been used in several studies to parse the contributions of passive and active transport in murine tumors (Chen et al., [2023;](#page-7-11) Zhu et al., [2023\)](#page-8-3). The critical assumption made in these studies is that passive transport is unaffected by cross-linking fixatives. However, the rationale and justification for this assumption have been questioned (Crist et al., [2021](#page-7-12); Skotland & Sandvig, [2021;](#page-8-4) Dasgupta et al., [2024](#page-7-13)). Here, we sought to address this controversy by determining how cross-linking fixatives affect the relative contribution of passive forces to interstitial and transvascular transport in tumor tissue.

#### <span id="page-2-7"></span><span id="page-2-6"></span><span id="page-2-5"></span>**Materials and methods**

#### *Cell culture*

4T1 (ATCC<sup>®</sup> CRL-2539<sup>™</sup>) mouse breast adenocarcinoma cell line was purchased form ATCC. The cells were maintained at  $37^{\circ}$ C/5% CO<sub>2</sub> in Roswell Park Memorial Institute medium (RPMI-1640, LM-R1637, biosera) supplemented with 10% fetal bovine serum (FBS, FB-1001H, biosera) and 1% antibiotics (A5955, Sigma).

#### *Syngeneic tumor model*

An orthotopic model for murine mammary tumors was generated by implantation of  $5 \times 10^4$  4T1 cancer cells in 40 $\mu$ l of serum-free medium into the third mammary fat pad of 6–8-week-old BALB/c female mice. Ten (10) mice were used for this experiment. 4T1 tumors were excised when they reached an average size of 200mm<sup>3</sup> (12 days post implantation), washed in 1x PBS for 20minutes, fixed by immersion in 4% PFA overnight at 4°C and washed again in 1x PBS for 20minutes before the mechanical testing experiment.

#### *Calculation of hydraulic conductivity*

<span id="page-2-18"></span><span id="page-2-12"></span>The standard biphasic model of soft tissue biomechanics used (Mow et al., [1980\)](#page-7-14) accounted for both the solid components (cells and extracellular matrix) and the fluid phase (interstitial fluid) of the tumor (Stylianopoulos et al., [2013](#page-8-5)). The solid phase stress,  $\sigma^s$ , was modeled as a neo-Hookean material with elastic modulus values derived from stress-strain

experiments, assuming a Poisson's ratio of *ν*=0.45 (Stylianopoulos et al., [2013\)](#page-8-6). The fluid phase was assumed to be inviscid (i.e. ideal fluid) with the fluid stress given by  $\sigma^t = -pI$ , where p the interstitial fluid pressure. The interstitial fluid velocity was governed by Darcy's law, stating that the velocity is proportional to the pressure gradient of the interstitial fluid, with the hydraulic conductivity of the interstitial space serving as the proportionality constant, i.e.  $v^f = -K_{th} \nabla p$ . The governing equations are: the momentum balance:  $\nabla \cdot (\sigma^s - \rho \mathbf{I}) = 0$  and the mass conservation  $\nabla \cdot \mathbf{v}^s - K_{th} \nabla^2 p = 0$ . The model was implemented in the finite elements' commercial software COMSOL Multiphysics (COMSOL, Inc., Burlington, MA). The stress relaxation experiment was simulated using the mathematical model and model predictions were fitted to the experimental data by varying the hydraulic conductivity, K<sub>th</sub>, of the tumor interstitial space (Papageorgis et al., [2017](#page-7-15); Polydorou et al., [2017](#page-7-16)). From the fitting, the value of the hydraulic conductivity was determined.

#### <span id="page-2-19"></span><span id="page-2-17"></span><span id="page-2-15"></span><span id="page-2-14"></span>*Quantification of elastic modulus and hydraulic conductivity*

Tumors were excised from animals and tissue specimens of  $3\times3\times2$  mm (length x width x thickness) were loaded on a high precision mechanical testing system (Instron, 5944, Norwood, MA, USA). For the measurement of the elastic modulus, the specimens were placed between two platens and were compressed to a final strain of 20% with a strain rate of 0.05mm/min. The elastic modulus was calculated from the initial slope of the stress vs strain curve. For the determination of the hydraulic conductivity, tumor tissue specimens underwent three cycles of compressive stress followed by a relaxation period of 10minutes. In the first cycle, the specimen was compressed by 10% for 1minute and then was held for 10minutes, whereas for the other two cycles the specimen was compressed by 5%. Subsequently, the hydraulic conductivity was calculated by fitting the experimental stress relaxation data with a biphasic biomechanical model of soft tissues (Mpekris et al., [2015](#page-7-17); Angeli & Stylianopoulos, [2016](#page-7-18)), using the method described previously (Papageorgis et al., [2017](#page-7-15); Polydorou et al., [2017](#page-7-19)).

#### <span id="page-2-13"></span><span id="page-2-0"></span>*Statistical analysis*

GraphPad Prism 9 was used for statistical analyses. The experimental data are presented as the mean±SE. Unpaired two-sided Student's t-test was used for comparison between groups. Statistical significance was defined as *p*-values < 0.05.

#### *Mathematical modeling of nanoparticle accumulation*

<span id="page-2-9"></span><span id="page-2-4"></span><span id="page-2-3"></span><span id="page-2-2"></span><span id="page-2-1"></span>We used a previously developed and validated mathematical model that describes fluid and macromolecule transport in tumors (Jain & Baxter, [1988;](#page-7-20) Baxter & Jain, [1989,](#page-7-21) [1990,](#page-7-22) [1991a,](#page-7-23)[b](#page-7-24)). The delivery of the nanoparticles (c<sub>n</sub>-nanoparticle concentration) is given by the interstitial transport equation below:

$$
\frac{\partial c_n}{\partial t} + \nabla \cdot \left( c_n \mathbf{v}^t \right) = D_n \nabla^2 c_n + Q_{sta},\tag{1}
$$

<span id="page-3-2"></span><span id="page-3-0"></span>where *D<sub>n</sub>* is the diffusion coefficient of the differently sized nanoparticles in the tumor interstitial space according to a previous study (Pluen et al., [2001](#page-7-25)) and **v***<sup>f</sup>* is the fluid velocity, which depends on the interstitial hydraulic conductivity  $K_{th}$ and is given by Darcy's law (Byrne & Preziosi, [2003](#page-7-26)):

$$
v^f = -k_{th} \nabla p_i. \tag{2}
$$

 $Q<sub>sta</sub>$  denotes the rate of transport of the drug across the tumor vessel wall and is given by Baxter & Jain ([1989](#page-7-21)):

$$
Q_{sta} = P \cdot S_V (C_{iv} - C_n) + L_p S_V (p_V - p_i) (1 - \sigma_f) C_{iv},
$$
 (3)

where  $C_{i\nu}$  is the vascular concentration of the drug and is given by the same equation that Sindhwani et al. used (Sindhwani et al., [2020](#page-7-10)),  $S_V$  is the vascular density (value adapted from Sindhwani et al.),  $L_p$  is the hydraulic conductivity of the vessel wall,  $p_v$  is the vascular pressure,  $p_i$  is the interstitial fluid pressure,  $\sigma_f$  is the reflection coefficient and  $P$ is the permeability of blood vessels to the drug, given by Deen [\(1987\)](#page-7-27):

$$
P = \frac{\gamma HD_0}{L},\tag{4}
$$

<span id="page-3-1"></span>where *γ* is the fraction of vessel wall surface area occupied by pores, *H* is a parameter governing hydrodynamic interactions between the nanoparticles and the pores of the vessel walls defined later, *L* is the thickness of the vessel walls and  $D_0$  is the diffusion coefficient of a particle in free solution at 310K, given by the Stokes-Einstein relationship

$$
D_0 = \frac{K_b T}{6\pi\eta r_s},\tag{5}
$$

where *K<sub>b</sub>* is the Boltzmann constant, *T* is temperature, *η* is the viscosity of blood and *rs* the radius of the diffusing particle.

<span id="page-3-3"></span>The normalized transvascular flux (Yuan et al., [1994,](#page-8-7) [1995;](#page-8-8) Chauhan et al., [2012](#page-7-6)) was calculated using:

$$
\frac{J_t}{S_V(C_v - c_n)} = P_{\text{eff}} = \lim_{\tilde{t} \to 0} \frac{\partial}{\partial \tilde{t}} \frac{\int_{\tilde{r} = \tilde{R}}^{\infty} c_n \tilde{r} \partial \tilde{r}}{(C_v - c_n) \tilde{R}}
$$
(6)

where  $J_t$  is the transvascular flux,  $C_v$  is the concentration of the probe outside the vessel, *Peff* is the effective permeability,  $\tilde{t}$  is the time after the initial image,  $\tilde{r}$  is the distance from the vessel central axis, and  $\overline{R}$  is the vessel radius at that point along the vessel.

The hydraulic conductivity of the vessel wall was calculated from the expression (Deen, [1987\)](#page-7-27):

$$
L_p = \frac{\gamma r_0^2}{8\eta L},\tag{7}
$$

where  $r_0$  is the pore radius. The pore radius was evaluated from the value of effective permeability according to a previous study (Deen, [1987](#page-7-27)).

The reflection coefficient is given by the equation (Deen, [1987](#page-7-27)):

$$
\sigma_f = 1 - W,\tag{8}
$$

where *H* and *W* describe hydrodynamic and electrostatic interactions. Ignoring electrostatic interactions, *H* and *W* are reduced to Deen [\(1987\)](#page-7-27):

$$
H = \frac{6\pi F}{K_t} \tag{9}
$$

$$
W = \frac{F(2 - F)K_s}{2K_t},
$$
\n(10)

where *F* is the partition coefficient (Deen, [1987\)](#page-7-27):

$$
F = (1 - \lambda)^2 \tag{11}
$$

and  $\lambda$  is the ratio of the drug size to the vessel wall pore size. The coefficients  $K_{\rm s}$  and  $K_{\rm t}$  are determined by Deen [\(1987\)](#page-7-28):

$$
\binom{K_t}{K_s} = \frac{9}{4} \pi^2 \sqrt{2} (1 - \lambda)^{-5/2} \left[ 1 + \sum_{n=1}^2 \binom{a_n}{b_n} (1 - \lambda)^n \right] + \sum_{n=0}^4 \binom{a_{n+3}}{b_{n+3}} \lambda^n. (12)
$$

#### *Solution strategy*

To compare the experimental data of the accumulation of gold nanoparticles in normal mouse tumors and zombie mouse tumors with the mathematical model predictions of passive transport, the following approach was taken. The geometry of the model consists of a spherical tumor domain embedded at the center of a cubic host tissue domain, which is two orders of magnitude larger than the tumor to avoid any boundary effects on the growth of the tumor [\(Supplementary](https://doi.org/10.1080/10717544.2024.2430528)  [Figure 1\)](https://doi.org/10.1080/10717544.2024.2430528). Due to symmetry, only one eighth of the geometry was considered. To this end, equations were solved simultaneously using the commercial finite element software COMSOL Multiphysics (COMSOL, Inc., Burlington, MA, USA). Values for the model parameters are provided in [Supplementary Table 1.](https://doi.org/10.1080/10717544.2024.2430528) The boundary conditions for the concentration of the nanoparticles at the interface of the tumor and the normal tissue were applied automatically by the software; the remaining boundary conditions are shown in [Supplementary Figure 1.](https://doi.org/10.1080/10717544.2024.2430528)

For the comparisons with the zombie model data, the nanoparticle concentration in the tumor at the appropriate times relative to the values used by Sindhwani et al. (Sindhwani et al., [2020](#page-7-10)) was computed after varying the interstitial and vessel wall hydraulic conductivities. Please refer to Ref. (Sindhwani et al., [2020](#page-7-10)) for characterization of the gold nanoparticles.

#### **Results**

Hydraulic conductivity is a critical material property that characterizes passive transport through tissue. Reduced

<span id="page-4-4"></span><span id="page-4-3"></span>hydraulic conductivity of the microvascular wall and interstitial space impairs the transport and accumulation of macromolecular and nanoscale medicines in tumors (Netti et al., [2000](#page-7-29); Chauhan et al., [2013](#page-7-30); Papageorgis et al., [2017](#page-7-31)). Because nanoparticle concentrations were measured in the interstitial space of tumors to estimate transvascular transport in the Zombie model, we asked how sensitive nanoparticle concentrations in tumors are to hydraulic conductivity. We applied a mathematical model to simulate diffusion and convection of nanoparticles across the vessel wall and in the interstitial space as a function of hydraulic conductivity (Jain & Baxter, [1988](#page-7-32); Baxter & Jain, [1989](#page-7-33); Chauhan et al., [2012\)](#page-7-6). We used nanoparticles with the same dimensions as those originally used to validate the Zombie model (i.e. 15nm, 50nm, and 100nm) (Sindhwani et al., [2020](#page-7-10)). Based on the mathematical model's predictions, the relative concentration of the 15nm NP would be most affected by reduced hydraulic conductivity [\(Figure 1\(A-C\)](#page-4-0)). Conceptually, the transport of a particle much, much smaller than the pore it is transporting through would be unaffected by a small change in the pore (Chauhan et al., [2012](#page-7-34)). Similarly, the transport of a particle approaching the size of the pore is already hindered, so small changes in the pore size do not affect transport much. However, there is a size range of particles between these two regimes where the transport of the nanoparticle varies with small changes in the pore. Additionally, the mathematical model predicts that, in certain circumstances, an 80% reduction in either vascular or interstitial hydraulic conductivity alone can eliminate nanoparticle accumulation ([Figure 1\(A-C\)\)](#page-4-0). If both vascular and interstitial hydraulic conductivities are reduced, a smaller reduction can lead to a larger decrease in nanoparticle accumulation.

<span id="page-4-6"></span><span id="page-4-5"></span><span id="page-4-2"></span>Considering that our simulations indicate that hydraulic conductivity is critical in regulating transvascular transport, we next queried whether tissue fixation by immersion in paraformaldehyde (PFA), as used in the Zombie model, affects hydraulic conductivity. Fixation can decrease interstitial hydraulic conductivity by 50% in the eye sclera and 75% in the cornea (Stewart et al., [2009a,](#page-8-9) [2009b\)](#page-8-10), but whether such changes occur in tumors is unclear. To investigate this, we determined the hydraulic conductivity of 4T1 murine breast tumors removed from five un-fixed control mice and five fixed mice. On average, fixation reduced the hydraulic conductivity by 78% [\(Figure 2\(A,B\)\)](#page-5-0), which would severely limit

<span id="page-4-1"></span>

<span id="page-4-0"></span>[Figure 1.](#page-4-1) Nanoparticle tumor accumulation is sensitive to vessel wall and interstitial hydraulic conductivities. (A-C) Graphs of relative drug concentration accumulated over time and spatially averaged (presented as the ratio of control to zombie accumulation) as a function of hydraulic conductivities of the vessel wall (vertical axis) and interstitial space (horizontal axis) for (A) 15nm, (B) 50nm and (C) 100nm.

nanoparticle accumulation, consistent with previous reports (Sindhwani et al., [2020\)](#page-7-10). This suggests that passive transport reflected by hydraulic conductivity is greatly reduced by tissue fixation, in contrast to the assumption underlying the use of the Zombie model approach.

<span id="page-5-6"></span>Diffusivity through tissue is another parameter that affects nanoparticle accumulation resulting from passive transport (Ramanujan et al., [2002](#page-7-35)). Previous studies reported that the diffusivity through type I collagen gels *in vitro* decreased 20% after fixation (Sindhwani et al., [2020\)](#page-7-10). We sought to determine whether the diffusivity in tumor tissue is similarly altered after tissue fixation. As diffusivity and tissue stiffness are inversely correlated in tumors and other organs (Netti et al., [2000](#page-7-36); Evans & Quinn, [2005\)](#page-7-37), we measured the elastic modulus using an unconfined compression experimental protocol. Our data revealed that tumor tissue stiffness (i.e. elastic modulus) increased 2.0-fold after fixation [\(Figure 2\(C,D\)](#page-5-0)), which indicates that tissue fixation likely reduces nanoparticle diffusivity.

<span id="page-5-3"></span>Finally, we asked whether these fixation-induced changes in tissue properties that regulate passive transport could lead to the changes in nanoparticle accumulation previously observed, in the absence of a contribution of active transport (Sindhwani et al., [2020\)](#page-7-10). Again, we used a mathematical model and assumed a 20% reduction in diffusivity, as was measured in collagen gels, to account for tissue fixation (Sindhwani et al., [2020\)](#page-7-10). Our simulations indicate that 67% reduction in both vascular and interstitial hydraulic conductivities after tissue fixation would decrease nanoparticle concentrations to an extent matching the experimental data <span id="page-5-1"></span>reported from studies using the Zombie model [\(Figure 3\)](#page-6-0). Thus, our model simulations provide further evidence for decreased passive transport and nanoparticle accumulation in tumors after tissue fixation when active transport has been eliminated.

#### **Discussion**

<span id="page-5-5"></span>In our study, we measured tissue stiffness and hydraulic conductivity in tumor tissue fixed by PFA, which induces covalent cross-linking through a methylene bridge between its aldehyde group and a nitrogen atom with another atom in proteins, thereby destroying and stiffening cellular structures and extracellular matrix (Kim et al., [2017](#page-7-38)). We used mathematical models to explore the relationship between vascular and interstitial hydraulic conductivities and accumulation of variously sized nanoparticles. As the pore sizes of the vessel wall and interstitial space decrease toward the size of the nanoparticle, the hydrodynamic hindrances to convective and diffusive transport rise.

<span id="page-5-4"></span><span id="page-5-2"></span>One limitation of our study is that the hydraulic conductivity was measured as a bulk property and cannot be measured separately for interstitial tissue and microvessels. Previous studies using electron microscopy documented that PFA does not eliminate endothelial cell defects and gaps in tumor blood vessels (Hashizume et al., [2000\)](#page-7-39). Nonetheless, tumors feature heterogenous microvasculature basement membrane that can be unusually thick or entirely absent (Baluk et al., [2003\)](#page-7-40). In either scenario, there could be higher density of collagen polypeptides for PFA cross-linking. If so,



<span id="page-5-0"></span>[Figure 2.](#page-4-2) Increase in stiffness and decrease in tumor hydraulic conductivity induced by paraformaldehyde fixation of tumor tissues. (A) Illustration of compressive stress relaxation vs time curves of fixed (red) and unfixed (blue) 4T1 breast tumor tissues *ex vivo* subjected to stress relaxation. (B) Tumor hydraulic conductivity calculated from the stress relaxation curves. (C) Illustration of stress vs strain relationships. (D) The elastic modulus of tumors measured from the initial slope of the stress-strain curves. Bars: mean value; error bars: SEM; \* *p*<0.05; *n*=5.



<span id="page-6-0"></span>**[Figure 3.](#page-5-1)** Comparison between experimental data and computational simulations of the ratio of nanoparticle accumulation in zombie group to control group for each size of nanoparticles. The simulated accumulation is at 4hours for the 15-nm and 50-nm particles and at 1hour for the 100-nm particles post intravenous administration. The nanoparticle accumulation predicted by the model simulating the experimental procedure (gray) is consistent with the measured data of the 'zombie model' (blue). Our model was developed based on passive transport and accounting for reduced diffusivity and hydraulic conductivity caused by tissue fixation.

PFA might reduce porosity of the vascular basement membrane resulting in decreased vascular hydraulic conductivity. As a result, the reflection coefficient would increase, together increasing the contribution of oncotic pressure. Based on this assumption, we estimate the change in vascular hydraulic conductivity to be roughly equivalent to the change in the interstitial component. Another limitation of our study is that, while we measured tumor tissue stiffness after fixation to test the validity of *in vitro* measurements of changes in diffusivity, we used diffusivity values from previous *in vitro* studies (Sindhwani et al., [2020\)](#page-7-41), because we did not measure diffusivity. Given the synergistic interaction of interstitial and vascular hydraulic conductivities, reflection coefficient and diffusivity, the effect of fixation on passive transport is likely to be even greater than estimated here.

We conclude that tissue fixation greatly affects key parameters that regulate passive transvascular transport. Results of our mathematical models predict that reduction in either interstitial or vascular hydraulic conductivity can impair nanoparticle concentrations, the main parameter measured in the Zombie model. Further, our models indicate that reductions in both hydraulic conductivities could synergistically reduce nanoparticle accumulation. We found experimentally that fixation, an essential feature of the Zombie model, resulted in 78% reduction in interstitial hydraulic conductivity of tumor tissue and is assumed to result in similar reductions in vascular hydraulic conductivity. Additionally, the elastic modulus of tumor tissue was increased after fixation, supporting previous findings from *in vitro* collagen gels, where diffusivity was reduced by 20% after fixation. Our simulations predict that the reduced nanoparticle accumulation observed experimentally would occur with a 67% reduction in hydraulic conductivity, independent of the consequences of eliminating active mechanisms by fixation. These findings suggest that the Zombie model does not in fact enable measurement of the relative contributions of active and passive transport, but rather reveals the effects of tissue fixation on both passive transport and active transport. Although nanoparticle extravasation observed after fixation in the Zombie model is evidence of passive transport, the absence of extravasated nanoparticles in fixed tumors is not proof of absence of passive leakage. Use of contemporary immunoelectron microscopy coupled with super resolution and confocal imaging could extend the understanding of the barrier properties of tumor blood vessels to nanoparticles. Yet, new strategies using intravital microscopy, such as imaging transport in tumors at low temperatures to slow or stop active transport, should be developed. Our findings underscore the need for new experimental methods to distinguish active and passive transport in tumors.

#### **Author contributions**

All authors contributed to conceptualization, methodology, validation, formal analysis, investigation, resources, data curation, writing – review and editing and visualization of the article. John D. Martin was responsible for writing the original draft. John D. Martin, Triantafyllos Stylianopoulos and Rakesh K. Jain were responsible for supervision and project administration. Fan Yuan, Donald M. McDonald, Triantafyllos Stylianopoulos and Rakesh K. Jain were responsible for funding acquisition.

#### **Ethical approval statement**

Mice were purchased from the Cyprus Institute of Neurology and Genetics and *in vivo* experiment was conducted in accordance with the animal welfare regulations and guidelines of the Republic of Cyprus and the European Union (European Directive 2010/63/EE and Cyprus Legislation for the protection and welfare of animals, Laws 1994–2013) under a license acquired and approved (CY/EXP/PR.L14/2019) by the Cyprus Veterinary Services committee, the Cyprus national authority for monitoring animal research for all academic institutions. The mice were housed at the Transgenic Mouse Facility (TMF) of the Cyprus Institute of Neurology and Genetics in Nicosia, Cyprus, and were looked after by a team of full-time animal caretakers. The TMF contains a fully functional barrier containment facility, where the mice were housed. Further, TMF is manufactured to a 'clean room' facility standard meeting biological safety level (BSL)-3 requirements. Animals were kept in specific pathogen free conditions, according to regulations contained in the Cyprus Law N.55 (I)/2013, which is fully harmonized to the EU Directive 2010/63/EU. The Facility is licensed by the Cyprus Veterinary Services (C.EXP.101). In order to maintain the colony under defined flora conditions, mice were changed under sterile conditions in a laminar flow hood. All the bedding and water for the mice was sterilized by autoclaving. Special care was taken to minimize potential pain, suffering or distress, and enhance animal welfare for the animals still used. Mice were anesthetized during tumor implantation or prior to euthanasia with Avertin (250mg/kg), and placed on a heating pad to maintain body temperature at 37°C. Mice were observed daily for their level of activity and for normal eating, drinking and grooming behavior. Pain reducing agents (i.e. ibuprofen) were administered intraperitoneally occasionally to reduce pain symptoms. The maximal tumor burden of 1200 mm<sup>3</sup>, as approved by the ethics committee, was not exceeded. Mice were euthanized using cervical dislocation. *In vivo* study was used to support mathematical model findings that fixation alters the physical properties of tumor tissue leading to regulation of nanomedicine transport. Ten (10) mice were used in this study. The authors have adhered to the ARRIVE guidelines.

#### **Disclosure statement**

RKJ received consultant fees from Cur, DynamiCure, SynDevRx; owns equity in Accurius, Enlight, SynDevRx; served on Board of Trustees of Tekla Healthcare Investors, Tekla Life Sciences Investors, Tekla Healthcare Opportunities Fund, and Tekla World Healthcare Fund; and received research grants from Boehringer Ingelheim and Sanofi. Other coauthors have no conflict of interests to declare.

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#### **Data availability statement**

All data are included in the Manuscript.

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## Supporting Information

# **Fixation alters the physical properties of tumor tissue that regulate nanomedicine transport**

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**Supplementary Table 1.** Parameter values used in the model.



## **Supplementary Figures**



**Supplementary Figure 1 – Geometry of the computational domain and boundary conditions used in the mathematical model applied to the zombie tumor experiment.** We modeled the tumor as a sphere embedded in normal tissue of cubic shape. The radius of the tumor was 6 mm. Because of symmetry, we solved for one-eighth of the domain.

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